



Adding Up the Extras Worksheet

Write the price for each extra item or service listed below. An estimated price will work and if you purchase other items note those under *Other Items*. Then, note how often you buy it each week in the *How Often Purchased Each Week* column. Multiply the price by the number of times purchased to determine the *Total Cost Each Week*. Then, multiply that by 52 weeks to determine how much this item costs you per year. This number goes in the far right column.

Then, add up all the item costs per year at the very bottom. Can you cut down on these extras? How much could you save each year by making some different choices?

Item	Price	How Often Purchased Each Week	Total Cost Each Week	Cost in One Year (x 52 weeks)
Alcohol (beer, wine, etc.)				
Music or movie subscription services (i.e. Netflix), CDs, DVDs, etc.				
Cigarettes				
Cosmetics (makeup, perfume, nails, etc.)				
Dining out				
Late fees on bills				
Lottery tickets				
Magazines				
Movie rentals				
Movies				
Snack food & drinks (candy bars, chips, cookies, pop, etc.)				
Toys				
Other items --				
TOTALS				